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# Технические характеристики на подушки, чехлы компании TOGU







#### **Airgo Active Seat Cushion**

The Airgo Active seat cushion – made in Germany – is a supple air-filled cushion for moving and healthy sitting. It keeps by small delicate movements that are incidentally performed without extra time effort, the spine and intervertebral discs sitting in swing. To sit pleasant and relaxed even during long sitting periods, such as when traveling, in the cinema or at the stadium. The Airgo Active seat cushion can also relieve the pelvic floor and the prostate. The deeper back muscles are activated and can be strengthened.

The anatomical shape ensures optimum pressure distribution. Just like the Dynair ball cushion the muscles of the spine compensate for the slightly wobbly surface. Rigid sitting is turned into healthy active-dynamic sitting.

Also available in the Comfort version with the soft climate cover made of special washable material. The cover ensures optimum air circulation and pleasant seating comfort.

Art.No.:	Name:	Colour:
401100	Airgo Active Seat Cushion (1)	silver
401120	Airgo Active Seat Cushion (2)	black
401300	Airgo Active Seat Cushion Comfort (3)	black
Size:	40 x 28 cm	
Packing unit:	4	
Contents	in deco-box with pump	
Material:	Ruton	
Max. load:	ca. 200 kg	

## **Airgo Active Back Cushion**

The Airgo Active back cushion – made in Germany – is a supple air-filled lordosis cushion for moving and healthy sitting. The Airgo supports the back constantly and precisely with every movement.

It keeps by small delicate movements that are incidentally performed without extra time effort, the spine and intervertebral discs sitting in swing. To sit pleasant and relaxed even during long sitting periods, such as when traveling, in the cinema or at the stadium. The Airgo® Active back cushion additionally promotes the upright seating position. The anatomical shape ensures optimum pressure distribution. The deeper back muscles are activated and can be strengthened. Rigid sitting is turned into healthy active-dynamic sitting.

Also available in the Comfort version with a soft, padded cover. The cover ensures pleasant seating comfort.

Art.No.:	Name:	Colour:
510000	Airgo Active Back Cushion (1)	black
510100	Airgo Active Back Cushion Comfort (2)	black
Size:	40 x 29cm	
VPE:	5	
Packing unit:	in deco-box with pump	
Contents:	Ruton	
Max load:	ca. 200 kg	

#### **Airgo Sit Ring**

Unlike usual sit rings made of foam the new Airgo Sitring is made of Ruton and air filled. Equipped with a needle valve the air pressure can easily be adjusted by using a needle pump. The Airgo Sitring is extremely robust and long lasting, easy to clean and therefore hygienic. A tool which relieves effectively all kinds of sitting related problems.

Optional available with textile cover.

Art.No.:	Colour:
400640	black, blue
400648	black, blue; with cover
Size:	40 x 45 cm
Packing unit:	4
Contens:	in box with pump
Material:	Ruton
Max. load:	ca. 200 kg
Specials:	also available with cover





## **Dynair Ballkissen Senso**

The original Dynair Ballkissen Senso - made in Germany - is an air-filled seat cushion for active dynamic sitting. Also it is a tool for sensorimotor and proprioceptive training and therapy. As a simple and space-saving alternative to large exercise balls it is used for many different exercises while sitting, standing and lying. One side has a velvety smooth surface, the other is equipped with soft Senso knobs.

Through the air charge and the specific quality material dynamic sitting and exercising is possible: there are constantly and directly transmitted minimal movements to the body. This can incidentally activate the deeper back muscles and the sensorimotor system. It can be used everywhere - at home, in the office or while traveling - and allows a workout without any extra time effort. The aim is a better balance, a healthy, strong back and a stable and mobile core for a healthy body.

Art.No.:	Colours:	Size:
400270	red, green, turquoise, blue, black, terra, blue-purple, pink, pearl, sea-grass, misty-mountain, aubergine, basalt	ca. 33 cm Ø
400370	red, green, turquoise, blue, black, terra, blue-purple, pink, pearl, sea-grass, misty-mountain, aubergine, basalt	ca. 36 cm Ø
400900	red, green, turquoise, blue, black, terra, blue-purple, pink, pearl, sea-grass, misty-mountain, aubergine, basalt	ca. 39 cm Ø

PU:	5 with ca. 33 cm Ø / 4 with ca. 36 cm Ø and 39 cm Ø
Contents	in deco-box with exercise poster
Material:	Ruton, with needle valve
Max. load	t: ca. 200 kg (ca. 300 kg for Dynair Ballkissen Senso Plus)
Specials:	AGR certificate

## **Dynair Ballkissen**

Material:

Max. load:

Specials:

The original Dynair Ballkissen - made in Germany - is an air-filled seat cushion for active dynamic sitting. Also it is a tool for sensorimotor and proprioceptive training and therapy. As a simple and space-saving alternative to large exercise balls it is used for many different exercises while sitting, standing and lying. Through the air charge and the specific quality material dynamic sitting and exercising is possible: there are constantly and directly transmitted minimal movements to the body. This can incidentally activate the deeper back muscles and the sensorimotor system. It can be used everywhere - at home, in the office or while traveling - and allows a workout without any extra time effort. The aim is a better balance, a healthy, strong back and a stable and mobile core for a healthy body.

Art.No.:	Colours:	Size:
400170	red, green, blue, turquoise, pink, pearl, yellow, soft-violett (confetti), ice-blue (confetti), marble	ca. 30 cm Ø
400200	red, green, turquoise, blue, black, terra, blue-purple, pink, pearl, soft-violett (confetti), ice-blue (confetti), marble	ca. 33 cm Ø
400300	red, green, turquoise, blue, black, terra, blue-purple, pink, pearl, soft-violett (confetti), ice-blue (confetti), marble	ca. 36 cm Ø
<b>PU:</b> 5 with ca. 30 cm Ø und 33 cm Ø / 4 with ca. 36 cm Ø		
Contents: in deco-box with exercise poster		

Ruton, with needle valve

ca. 200 kg

AGR certificate



## **Dynair Cardo Ballkissen**

Smooth, adjustable air cushion. Allows controlled dynamic sitting due to its square shape. Well suited for starting back training or therapy. Strengthens torso muscles. Keeps the vertebrae gently in motion and trains spinal musculature. Can help maintain an upright position. Especially designed for beginners and elderly.

Art.No.:	Colour:
400390	black, blue, dark-red, terra, dark-blue
Size:	36 cm
Packing unit:	5
Contents:	in deco-box with exercise poster
Material:	Ruton
Max. load:	ca. 200 kg
Specials:	with senso knobs

## **Dynair Comfort Wedge-Ballkissen**

Perfect new solution for everybody who has to sit all day long and and suffers from back pain. Easy to use on (nearly) every chair in the office, at home or on journey. The air-filled Dynair Comfort cushion is made of even softer and more comfortable foamed material. The renewed shape of the cushion got an additional integrated relief zone in the center. The Dynair Comfort makes the user sit in a active and dynamic way with balance effect at the same time. It is an ergonomic shaped and adjustable air cushion. Small unconscious movements are steadily necessary and lead to more balance and training of the deeper stabilizing back musculature. This can relieve back pain and support more upright position during a long work day.

Art.No.:	Colour:
400720	blue, anthracite
Size:	ca. 36 x 37 cm
Packing unit:	4
Contents:	in deco-box with exercise poster and pump
Material:	foamed Ruton, with needle valve
Max. load:	ca. 150 kg

## Dynair Wedge-Ballkissen

Comfortable and dynamic sitting with balance effect. Ergonomically shaped adjustable air cushion. Strengthens back muscles, can help reduce back problems and promotes upright posture. The optimized weight distribution on the thighs helps the veins. Ideal combination of ball cushion and wedge cushion in one product. Perfect to use on the office chair, at school and at home. Eu Patentno. 1616506

Art.No.:	Colours:	Size ca.:
400140	red, green, blue, turquoise, pink, pearl, yellow	29 x 29 cm
400340	black, blue, dark-red, terra, dark-blue, pink, pearl, sea-grass, misty-mountain, aubergine, basalt	36 x 37 cm
400160	black, blue, dark-red, terra, dark-blue, pink, pearl, sea-grass, misty-mountain, aubergine, basalt	37 x 40 cm
<b>PU:</b> 4 for 400340 and 400160, 5 for 400140		
Contents: in deco-box with exercise poster and pump		
Material: Ruton, with needle valve		
May load: ca 200 kg (ca 300 kg for Dynair Wedge-Rallkissen Plus)		







# happyback® Ballkissen®













# happyback Ballkissen

Sit healthy and dynamic. In the offi e, at home or while traveling, you unconsciously train the deep muscles of the spine, thereby strengthening your back without having to spend additional time on exercises. Through the innovative seat cushion effect, the ball adapts individually to the personal body shape and optimizes the positive effects.

## happyback display

Art.No.:	Name:	Contents:
805027	happyback display (delivered filled)	each 16 x 33 cm Ø and 36 cm Ø

#### happyback Ballkissen

Art.No.:	Colour:	PU:	Size ca.:
400210	blue, anthracite	5	ca. 33 cm Ø

# happyback Ballkissen XL

Art.No.:	Colour:	PU:	Size ca.:
400310	blue, anthracite	4	ca. 336cm Ø
Contents:	in a deco-box, with exercise chart		
Material:	foamed Ruton, with needle valve		
Max. load:	ca. 200 kg		





# Cork Cover for Dynair® Ballkissen® & Dynair Wedge-Ballkissen®



#### **Cover for Dynair Ballkissen and Airgo Seat Cushion**

The useful textile cover with zipper for Dynair Ballkissen  $\!\!\!^\circ$  models in the sizes 33 and 36cm diameter.

**NEW:** Now also available for the Airgo seat cushion.

All covers are washable.

Art.No.:	Colour:	Size:
930300	black (Dynair Ballkissen)	ca. 33 cm Ø
930360	black (Dynair Ballkissen XL)	ca. 36 cm Ø
930640	black (Airgo Seat Cushion)	ca. 40 x 28 cm
Packing unit:	5	
Contents:	In a box	

# Comfort-Cover

Material:

The soft comfort-cover ensures optimal sitting comfort.

Fitting for the Dynair Premium Wedge-Ballkissen, the Airgo Backcushion and the Airgo Seatcushion.

velours-like surface, washable

Art.No.:	Name:	Colour:
930700	Dynair Premium Wedge-Ballkissen (1)	black
930600	Airgo Backcushion (2)	black
930400	Airgo Seatcushion (3)	black
Packing unit:	5	
Contents:	In a box	
Material:	special climate-material	
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# Cork Cover for Dynair Ballkissen and Wedge-Ballkissen

The new cork cover for your original Dynair Ballkissen.

The natural cork material is extremely resistant, breathable and even fire resistant. The TOGU embossed logo and the original cork looks are a real eye-catcher in the office and at home. Also available for Dynair Premium Wedge-Ballkissen. Washable at 30 degrees celsius.

Art.No.:	Colour:	Size:
930620	kork (Dynair Ballkissen XL)	ca. 36 cm Ø
930630	kork (Dynair Wedge-Ballkissen)	ca. 36 x 37 cm

# **Nex-Neckrest - amethyst**



Nex® - The neck support

- made in Germany -

Supports the spine during many sports exercises. Due to the recess, the spinous processes remain free and the pressure is evenly distributed in the area of the transverse processes.

This also allows a massage/acupressure in the course of the long back extensor (bladder meridian), which is also very easy to perform on your own.

## Technical data:

Dimensions: 20 x 10,5 cm

Weight: 350 g

• Load capacity: approx. 150 kg

Material: Ruton

# **Yoga Balance Cushion**



The first inflatable cushion - made in Germany - developed specifically for yoga which allows the individual to adjust the height as required to obtain a relaxed seating position and upright posture - from our category "Piloga".

The gentle vibrations of the body are absorbed by the air cushioning and relayed back to the body. Ideal for beginners who have the soft support of the cushion as they move and exercise. A mini pump is supplied to make light work of inflating and deflating the YOGA Balance Cushion.

A novel resource to bring variety to your daily yoga routine.

# Technical Data:

Size: ca. 40x40x30 cmWeight: ca. 1495 g

Max. Load: ca. 150 kg.

# Massage Nex - amethyst



A waterproof and air-filled support with nubs for the neck. The material Ruton is odourless, very resilient (up to 150kg) and latex-free.

What does the application do?

Tensions in the neck area are released. The acupuncture points specifically stimulate sensory perception and address the neck muscles. Further muscle areas can be loosened during a self-massage.

## How does it work?

The Massage Nex®, can be placed on the floor, e.g. on a mat or even on the edge of the bathtub. Then just put your neck on the mat, close your eyes and relax. For a self-massage the head and neck area can be moved over the product accordingly.

# Tip:

"When I lie down on the floor mat, I cannot find a comfortable position for my head. With the Massage-Nex® I can support my neck perfectly and fix it gently. So now my head is also in a comfortable position. The nubs feel soft and stimulating. Through light head movements I can loosen my neck muscles additionally. This also works excellently while I take a relaxing bath. The surface of the Massage Nex® is waterproof and can be washed off easily. The Massage Nex® is simply to feel good."

# Technical data:

Dimensions: 20 x 10.5 cm
Weight: approx. 350 g
Load capacity: 150 kg

- made in Germany-

# Relax Nex - amethyst



It is a waterproof air cushion - made in Germany - for the neck for relaxation and meditation. The material Ruton is odourless, latex-free, very resilient (up to 150kg) and made of 100% recyclable plastic. For the Relax-Nex® TOGU gives a 30-years manufacturer warranty.

## What does it do?

The Relax-Nex® can contribute to general relaxation and stress management. It is also ideal for meditation exercises.

## How does it work?

Just put on the head and let it be carried by the cuddly air cushion, during meditation, sunbathing and sports, or in the bathtub. The Relax-Nex® is equipped with a needle valve, i.e. you can vary and individually adjust the air filling with a standard needle pump (see TOGU ball pump, not included).

# Tip:

"Actually the name says it all. For me it is pure relaxation after a hard day at work. I put the Relax-Nex® under the back of my head-neck transition. I immediately feel how the cuddly air cushion supports my head and after a short time I sink into a pleasant tiredness. With closed eyes the relaxation unfolds now in its full depth. For my meditation exercises as well as for my relaxation bath the Relax-Nex® is indispensable. By the way, the surface of the Relax-Nex® is waterproof and can be washed off easily.

# Technical data:

Dimensions: 23.5 x 11 cmLoad capacity: 200 kg.

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